

# Breaking Generational Curses – 1

One of the 5 focus points we are praying for is that **we want to see people forgiven, restored and set free from all manner of problems or situations.**

One of the things that hold Christians today in bondage are curses, demonic curses that has been spoken over people, curses received knowing or unknowingly, self declared curses of family sickness or hereditary or generational conditions that have been readily accepted because it is in the family or has been in the family, curses through dabbling in occult (hidden / covered) practices.

A **curse** is an invisible barrier to receiving the blessings of the Christian life - it is an evil stretched out from the past and it usually rests upon those with a dark, oppressive force that inhibits people to be what they should be.

Everybody faces various problems & difficulties in many areas of their lives. Some of these can be seen in family situations over several generations. Why is this?

Simply put... when we engage in any behaviour, attitudes, beliefs and practices that are contrary/against God's Word... without repentance....We open a spiritual 'door' that allows the originator of these things (Satan) free access and permission to our lives to influence and ultimately control us.

*We know that In 10:10 LEB The thief comes only so that he can steal and kill and destroy; I have come so that they may have life, and have it abundantly.*

The problem is that when we do knowingly & deliberately turn against God's ways without repentance... then there are consequences.

*Exodus 20:4-6 (msg) No carved gods of any size, shape, or form of anything whatever, whether of things that fly or walk or swim. Don't bow down to them and don't serve them because I am God, your God, and I'm a most jealous God, punishing the children for any sins their parents pass on to them to the third, and yes, even to the fourth generation of those who hate me. But I'm unswervingly loyal to the thousands who love me and keep my commandments.*

This may seem a bit harsh, restrictive & unfair on the face of it... but in reality God is seeking to keep us in a place of Blessing & Life.

So what about these 'Generational Curses' how do they affect us? Can Christians be under a Generational Curse? Yes sometimes they can... without even knowing it.

**What is a generational curse?** (it is invisible) It can be specific patterns in families:

- Teen pregnancy - goes down the line in every generation,
- Break down in marriage - divorce - happening with every marriage where parents' divorce is linked to higher rates of depression, suicidal attempts and thoughts, health problems,
- Childhood sexual abuse,
- School dropout, failure to attend college, a harder time finishing school
- Arrests & lawless behaviours
- Addiction, Alcoholism - very common in families operating generationally ) that is

deposited into the family where the family members will be more predisposed to repeating because of heightened exposure to it.

- Teen pregnancy, promiscuity
- Getting and keeping jobs,
- Maintaining relationships, and having lasting marriages. Often people continue to struggle with the scars left from their parents' divorce,
- Pornography - spirit of lust operating from Father to son / daughter,
- Anger - again a spirit operating in families repeating this fierce anger and hatred,
- Abuse - could be incest or verbal, mental or physical abuse in families seen as a pattern,
- Adultery - spirit of lust / perversion operating with such intensity that the person cannot stop himself from being unfaithful or faithful to one person.

It can also show or 'manifest' itself as a physical condition or illness. But we should not assume somebody is ill because of a Generational Curse ... we need to seek Discernment on these things.

These behaviours also open 'spiritual doors' for the demons behind these things to have direct access to our Spirit, Mind & Body. This makes things harder to deal with as they become more deeply embedded within us.

## 2. How does it get there?

1. Through repeated **Sin or iniquity** (bent or deformed, twisted, perverted) where the forebears have been consistently and will fully sinning against God without repentance
2. **Generationally** - Visiting or passing on – Notice it says that this “sin/iniquity” in us will “visit/pass on to” the children down to the 3rd or 4th generation. Some versions translate this word as “punish” but the literally meaning is to 'visit or to call.'  
So when we have sin or strongholds in our lives, we deposit that into our family and it comes visiting and knocking on the door of our children and our children's children. We still have the **choice** to open up and let it in. You need the power of the Holy Spirit to shut the door in sin's face.
3. **Through HATE** – being disloyal to God. there are God haters even today, many who are disloyal and disobedient and may have been in generations past where they have chosen or preferred something else over God . What we need to understand is that **Curses are a CHOICE**.

This Scripture tells us.. *People who sin against me become my enemies, and I will punish them.... But I will be very kind to people who love me and obey my commands.*

**How do we break it?** We all have a WILL... we can choose to Rebel or Repent. This is How we can break a curse.. including generational curses.

**Realize the power we have** Unfortunately many people never read the rest of the verse that says, *“but showing mercy to thousands of generations who love me.”* This lets us know that not only can we break the cycles in our families but even more importantly we also have the power to create new ones that reflect God's righteousness and pass those down to thousands of generations.

*1Peter 1:18-19 18 For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your ancestors, 19 but with the precious blood of Christ, a lamb without blemish or defect.*

Gal. 3:13–14 Christ has redeemed us from the curse;

Eph. 1:7 In Him we have redemption through His blood..;

Col. 1:12–14; Luke 10:19 All authority has been given

1 John 1:8-9 acknowledging sin and confessing sin.

**Recognise & Repent...** Of this specific sin (Name it!) it is not about Blaming someone else. It doesn't matter if it was your great grandma reading tarot cards or clairvoyance or your own 'gift' of doing similar things like tumbler talking, horoscopes, palmistry, some meditations. It offends God...so repent.

**Renounce / Run** - Tell God you want nothing more to do with that and then Run... distance yourself from that behaviour, habit, friend, place.... And stay away from it! Stop Blaming your Family The Bible says, *"Why do you quote this proverb? The parents ate sour grapes and now the children's teeth are set on edge."* Meaning because my parents did it then I'm prone to be like them.

If you are a Christian we can no longer blame who we are and the decisions that we make on our family or our upbringing. We cannot use our family background as an excuse to stay the way we are because the Holy Spirit who lives in us now gives us the power we need to break any cycle or stronghold that has been deposited into our family.

**Receive** God's forgiveness through Jesus' death, shed blood & resurrection. Revel in the freedom He gives us... and Thank Him for it.

**Get Accountability** James says to "confess your sins to one another so that you can be healed." Even though we have the power to break any cycle we must also remember that because of what we were exposed to we will always be more strongly tempted in this area than others, which is why we need people to keep us accountable.

*Deut 30:19 ERV Today I am giving you a choice of two ways. And I ask heaven and earth to be witnesses of your choice. You can choose life or death. The first choice will bring a blessing. The other choice will bring a curse. So choose life! Then you and your children will live.*

Proclamations booklet by Derek Prince on the Church Website 'Resources' then 'Sunday Notes'

<https://www.lighthouse-church.org.uk/Publisher/File.aspx?id=203983>